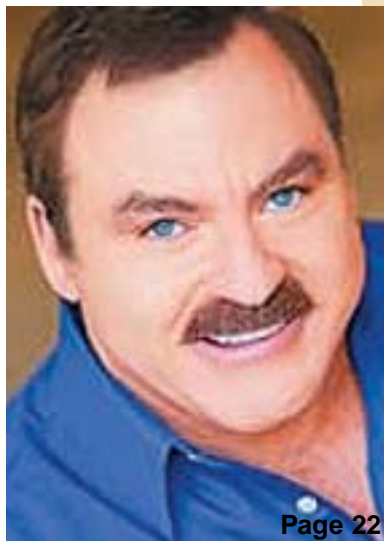


EARTH STAR

CONTENTS OCTOBER / NOVEMBER 2014



Page 22



Page 41



Page 48

ON THE COVER

- 16 The Triple Focus**
Empathy and Academic Success
by Daniel Goleman and Peter Senge
- 22 Adventures of the Soul**
Consciousness, Energy and the Power of Thought
by James Van Praagh
- 31 What Can the Akashic Records Do for You?**
by Ernesto Ortiz
- 41 Plato's Atlantis: Fact or Fiction?**
by Frank Joseph
- 48 True North**
Meditation: Healing the Scars from Child Abuse, Domestic Violence, PTSD and More
by Tom North

FEATURES

- 12 Down To Earth Astrology**
by Tim Gunns
- 25 Vitamin B12 Deficiency and Bone Loss**
by Dr. Joseph Mercola
- 29 Dreaming with Polar Bears**
by Dawn Baumann Brunke
- 36 Quercetin's Unique Protective Mechanisms**
by Michael Enders
- 51 Unidentified: The UFO Phenomenon**
A Strange Loss of Nukes
by Robert Salas
- 56 Gentle Way of the Heart**
by Anders Nilsson
- 59 DIY Oven and Fridge that Require No Power**
by J.B. Bardot
- 61 The Inner Camino: Embracing Change**
by Sara Hollwey and Jill Brierley
- 62 World Peace Caravan**
- 64 The Impact of Empathy**
A New Approach to Working with ADHD Children
by Daniela Muggia

DEPARTMENTS

- 5 Up Front**
- 18 Book Reviews**

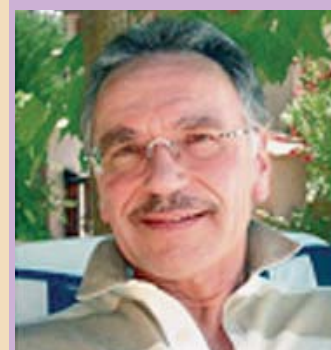


Cover Art

Marine-Laura's World
by Jean-Paul Avisse

For further information,
contact

Prestige Art Galleries,
3909 W. Howard, Skokie,
IL 60076. (874) 679-2555,
www.prestigeartskokie.com



Jean-Paul Avisse

For a free color brochure,
please send a S.A.S.E.